1000g

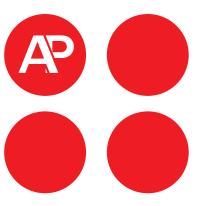
strawberry flavo



- support enhanced fat loss
- improve workout performance
- support cardiovascular health







best before:



dietary supplement

L-carnitine is a naturally occurring amino acid derivative that's often taken as a weight loss supplement. It plays a crucial role in the production of energy by transporting fatty acids into your cells' mitochondria (1, 2, 3). The mitochondria act as engines within your cells, burning these fats to create usable energy. Your body can actually produce L-carnitine out of the amino acids lysine and methionine. For your body to produce it in sufficient amounts, you also need plenty of vitamin C (4).